



# SAGUS IRON WORKS NHS

National Park Postcards Series

Foundation Paper Pieced  
A Fiona Sandwich Pattern



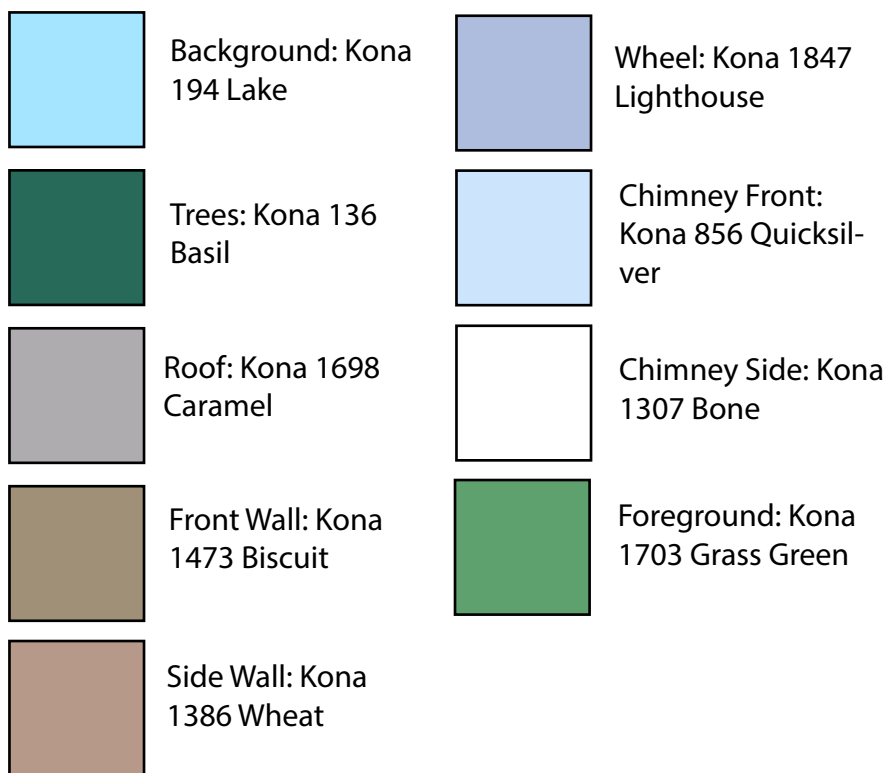
Makes 1 9x9" and 1 4.5" blocks

Please check out my youtube channel for videos on piecing. If you have never foundation paper pieced, start with the National Park sign, then follow the Lake Louise block for how to join template pieces together.

### Fabric Selection Tips:

Below are the closest color matches from Kona solids. For ease of selecting colors, consider using "Kona Cotton - Multi Digitally Printe Panel". There are differences between digitally printed and dye lots; please use the color suggestions as suggestions and not gospel. You don't need to rush out a purchase each solid I suggest! I would suggest purchasing the panel, and referring to the colors listed if you are stuck...or use the internet to search for the name and number (example: Kona 196 Blue Jay). Then use your imagination! Select fabrics in your stash! Feel free to change the colors to match your experiences in a park.

In homeopathy, there is a saying, "similimus similimum" - it's the law of similars. The law is not "exactamus exactimum" :) Choose SIMILAR fabrics, not exact fabrics!



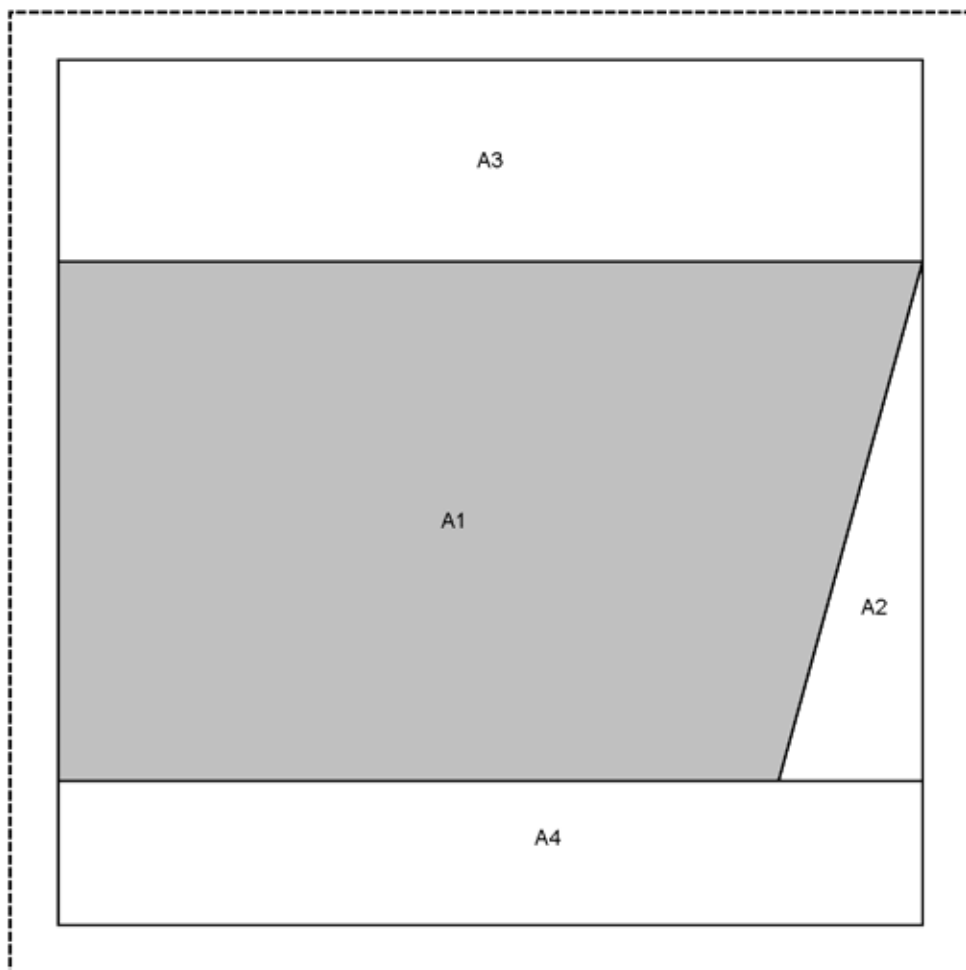
**Creativity Declaration: I am a creative person! I have more creativity than I know what to do with! I separate myself from the lies of "I can't" that my mind has believed in the past!**

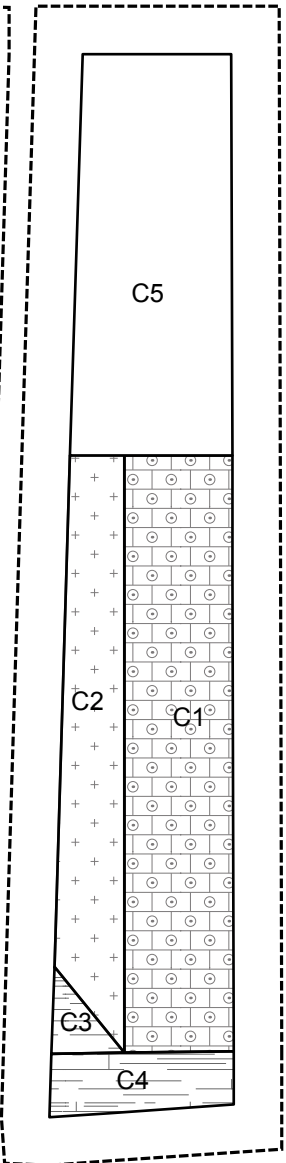
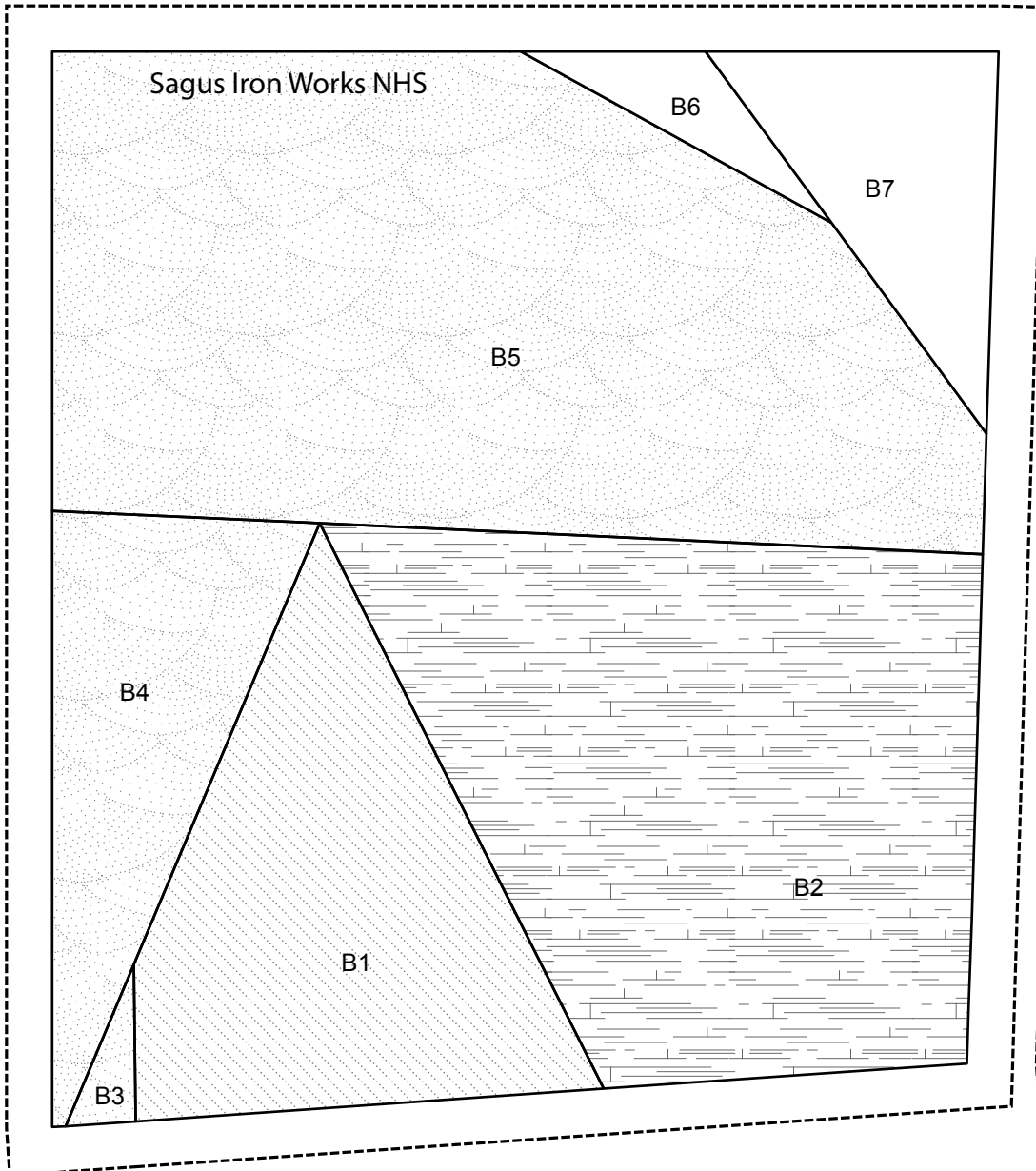
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**NATIONAL PARK SIGN:**

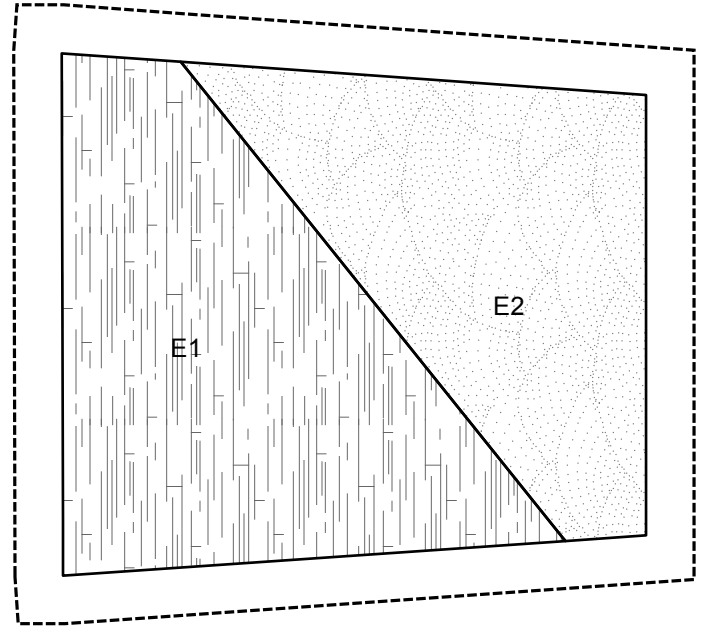
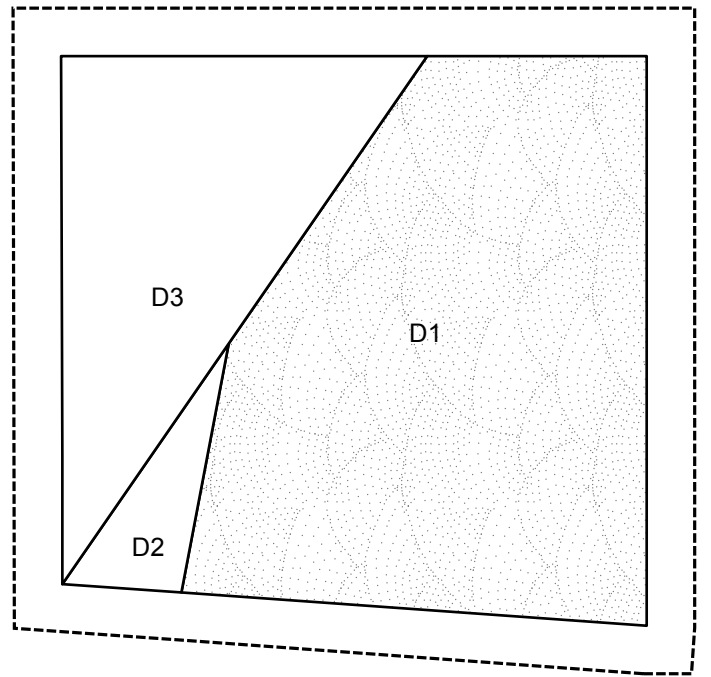
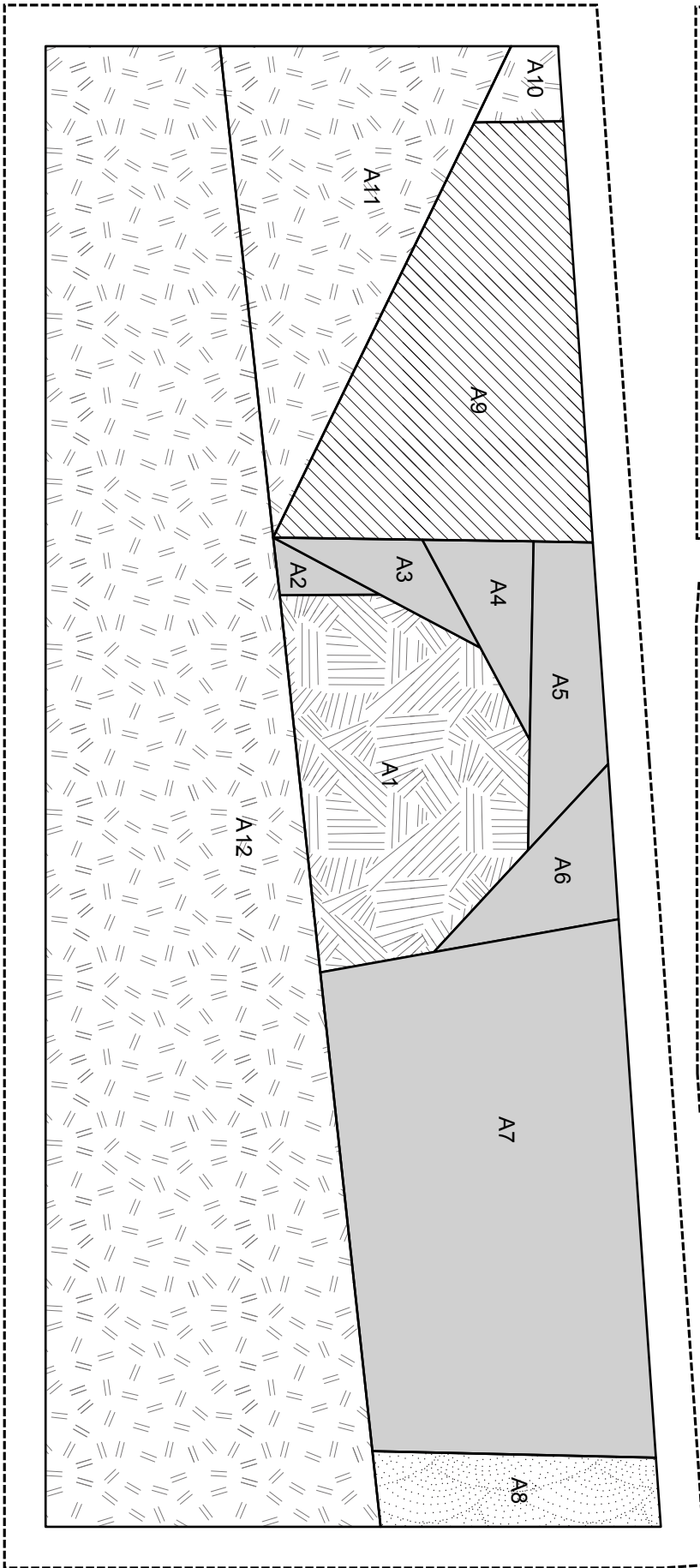
This is the special block you can sew your souvenir National Park patches to!

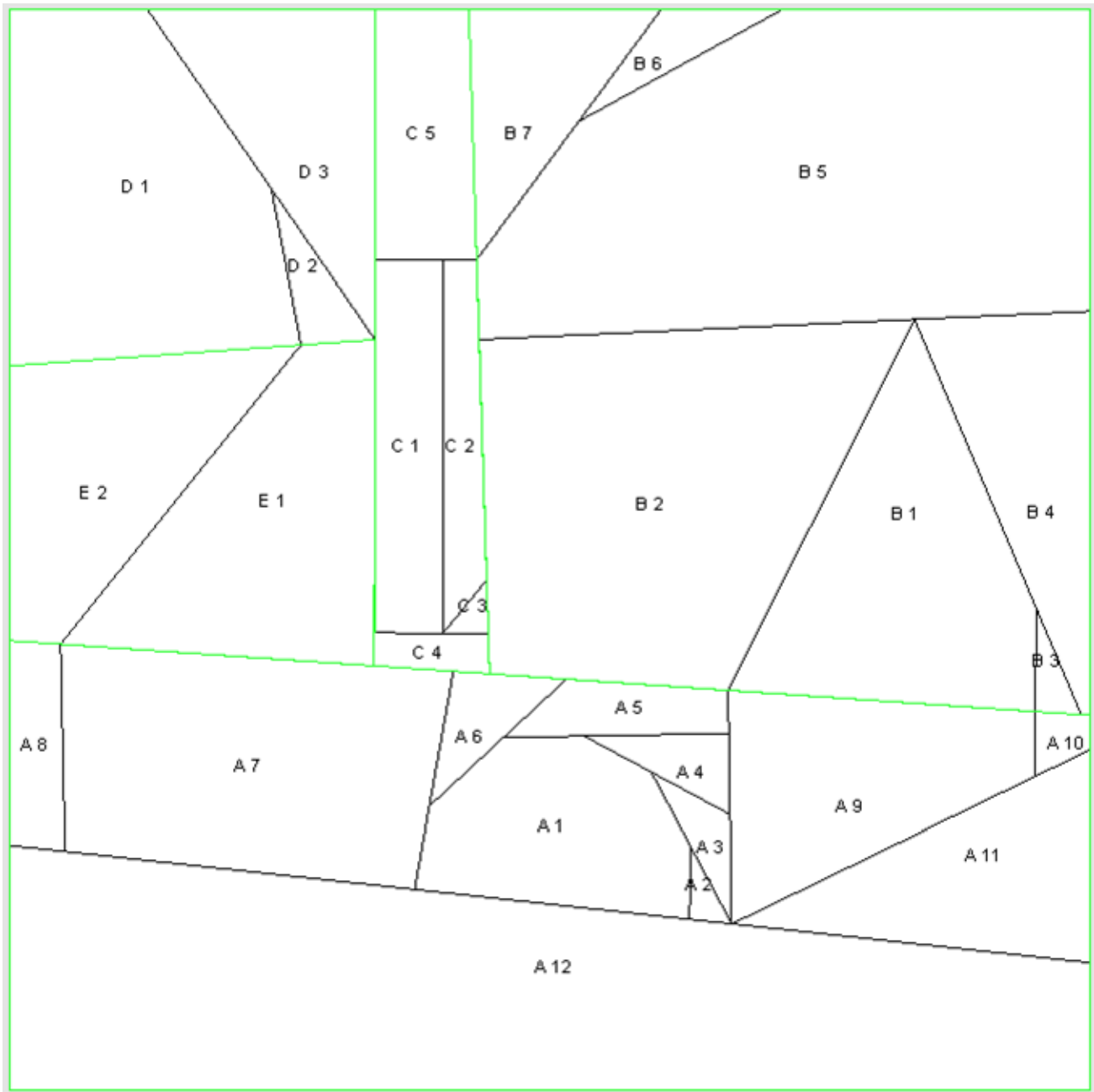
Piece in numerical order.





1" test  
print  
square





Join D to E. Press.  
 Join C to DE. Press.  
 Join B to CE. Press.  
 Join A to BE. Press.