

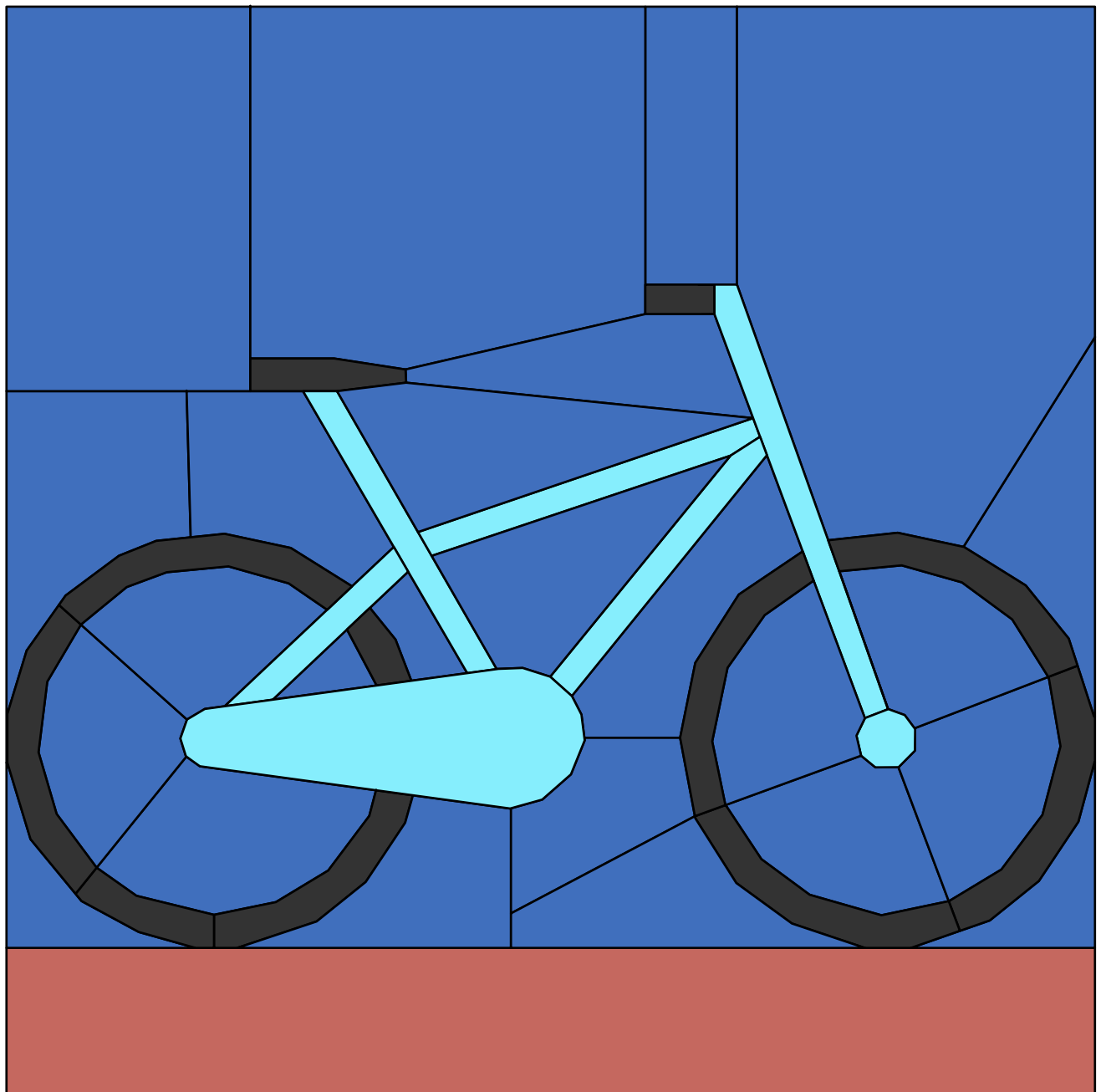


BICYCLE

National Park Postcards Series

English Paper Pieced

A Fiona Sandwich Pattern



Makes 1 9 x 9" and 1 4.5" block

General Tips:

Be sure to have all the arrows point in the same direction. This will alleviate any stress from pieces being swapped, and piecing headaches.

This is a project that is best to glue baste, because of the size of the pieces.
Please use copy paper instead of cardstock.

I have put piecing instructions for each block, but they aren't required. They may be helpful for you.

Please be sure to use hashtag #NationalParkQuilt so I can see your lovely work, and follow your progress! I can't wait to see how you piece through the National Parks!

For tips and terms, please visit fionasandwich.com/blog and my youtube channel. I have tips on easing, working with small pieces, etc.

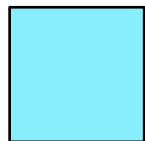
Fabric Selection Tips:

Below are the closest color matches from Kona solids. For ease of selecting colors, consider using "Kona Cotton - Multi Digitally Printe Panel". There are differences between digitally printed and dye lots; please use the color suggestions as suggestions and not gospel. You don't need to rush out a purchase each solid I suggest! I would suggest purchasing the panel, and referring to the colors listed if you are stuck...or use the internet to search for the name and number (example: Kona 196 Blue Jay). Then use your imagination! Select fabrics in your stash! Feel free to change the colors to match your experiences in a park.

In homeopathy, there is a saying, "similimus similimum" - it's the law of similars. The law is not "exactamus exactimum" :) Choose SIMILAR fabrics, not exact fabrics!



Background: Kona
1101t Delft



Frame: Kona 45 Pool



Handle bar, seat,
wheels: Kona 1019
Black



Foreground: Kona
159 Spice



My block for inspiration.

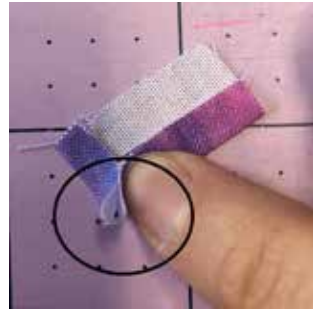
Creativity Declaration: I am a creative person! I have more creativity than I know what to do with! I separate myself from the lies of "I can't" that my mind has believed in the past!

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Tips for Tiny Pieces - This example uses an enclosed rectangular shape, but the principles can be used for any small pieces. I have a blog post and a video on this, but sometimes pictures are more helpful.



1. Put a bit of glue on the back of the paper template to hold the piece in place.



2. I almost always start gluing with the shortest edge. To deal with the corners, I pinch them to create a 45 degree angle. It doesn't really matter how the seams nest. It matters more to me how tight the pieces can fit together.



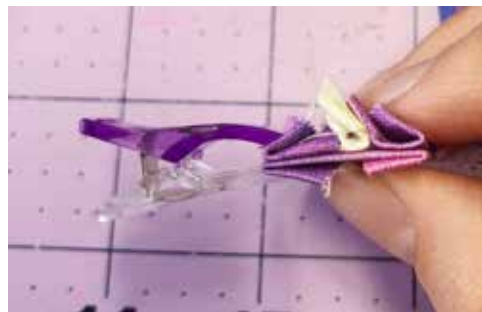
3. When you are basting the small piece think of the order they need to be joined. For the example, you can see that I did not baste the top (shown on the bottom, where my finger is, or the sides. I am most concerned about joining the middle piece (beige) to one purple piece, then attaching another purple piece on the other side.

See that only 2 sides of the 2 pieces are basted, and they are joined in the middle. After they are joined, I will lift the sewn edge on the beige piece, and open it. Then I will glue the opposite edge to the template. Then sew the additional purple piece, so the beige piece is enclosed.

Again, my goal at this stage is to join purple-beige-purple, then the piece along the bottom. I'm not concerned with basting all sides.



4. Now I have a straight edge. Since the 3 pieces are joined, and I must join the next piece, I will lift the sewn edges of the purple pieces, and baste the exterior edges. I still have not basted the opposite edge. You will now have 3 sides basted.



5. You will notice that the bulk of the fabric made one unit longer than the other. This is ok! Clip one edge to hold in place - make sure that the corners line up as best you can. Take a couple stitches, then line up the other end, and use your thumb to ease in place.

6. Lift up the seams in the corners on the opposite side, and baste the pieces to create a straight line (it should look like Step 4. Baste and repeat Step 5.

How to Glue Baste Acute Angles



1. Place glue along the tip of the triangle. I am not concerned about leaving a gap of unglued paper. I am more concerned about tight seams.

It is also helpful to place glue on the fabric seam allowance as well. This ensures the the fabric sticks together.

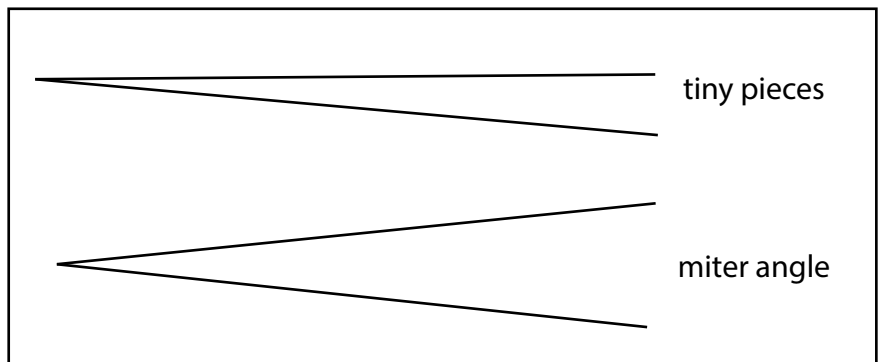


2. Using both thumbs, and supporting the template piece with your index fingers, press the fabric together. Make sure that the fabric is taught along the edge of the template!



3. Pinch the end of the fabric to create a tight piece. Note how tight the fabric is along the edges of the template.

Which method to use? Identify the angle below, and the corresponding method



Note: these pictures illustrate using a whip stitch. However, at the time of writing this pattern, I almost exclusively use a flat back stitch. There is a video on how to do this, on my YouTube channel. Do be sure to pull the stitches taught.

I also use RK Embroidery Tape, but blue painter's tape can also be used. I have heard rumors of masking tape leaving a residue.

I also use Sulky 50 wt cotton thread. You can find my thread collection on my website.

Bicycle Block Instructions

This block is pretty complex. Please don't piece this as your first block. If you have made a few blocks in EPP, you'll be fine. The hardest parts are the background pieces around the wheels. Take your time, breathe and have fun!

Join 1 to 2. Set aside.

Join 3 to 4.

Join 1-2 to 3-4.

Join 5 to 1-4. Set aside.

Join 6 to 7.

Tape 1-5, 6-7 and 8 together, then join. Set aside.

Join 9 to 10. Set aside.

Join 11 to 12.

Join 9-10 to 11-12. Set aside.

Join 13 to 14.

Join 15 to 13-14.

Join 9-12 to 13-15. Set aside.

Tape 16, 17 and 18 together. Then join.

Join 19 to 16-18.

Join 9-15 to 16-19.

Join 20 to 9-19. Set aside.

Join 1-8 to 9-20. Set aside.

Join 21 to 22.

Join 23 to 21-22.

Tape 1-20 to 21-23 AND 24 together, then join.

Join 25 to 1-24. Ease if necessary.

Join 26 to 1-24. Set aside.

Join 27 to 28. Set aside.

Join 29 to 30.

Join 27-28 to 29-30. Set aside.

Join 31-32.

Join 27-30 to 31-32.

Join 33 to 27-32. Set aside.

Join 34 to 35.

Join 36 to 34-35.

Join 27-33 to 34-36. Set aside.

Tape 37, 38 and 39 together, and join.

Join 40 to 37-39.

Join 37-40 to 27-36.

Tape 42 to add stability, but do not join yet.

Join 41 to 27-40.

Join 1-26 to 27-41, and 42.

Join 43 to 1-42.

You may need to fold the bottom of the papers to create a straight line to sew 44 to. Join 44 to 1-43.

Be sure to post a picture of your completed block to the Quilt Along group! This was a tricky one, and we want to congratulate you for accomplishing this block!!

NATIONAL PARK SIGN:

This is the special block you can sew your commemorative National Park patches to!

You can flip the direction of the sign by gluing your fabric to one side or the other.

Sew the triangle to the sign, then the either the top or the bottom to the sign.

1" test
print
square

