



# NORTHERN FLICKER

National Park Postcards Series

English Paper Pieced

A Fiona Sandwich Pattern



Makes 1 9 x 9" and 1 4.5" block

## General Tips:

Be sure to have all the arrows point in the same direction. This will alleviate any stress from pieces being swapped, and piecing headaches.

This is a project that is best to glue baste, because of the size of the pieces.  
Please use copy paper instead of cardstock.

I have put piecing instructions for each block, but they aren't required. They may be helpful for you.

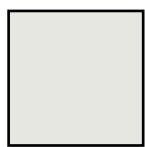
Please be sure to use hashtag #NationalParkQuilt so I can see your lovely work, and follow your progress! I can't wait to see how you piece through the National Parks!

For tips and terms, please visit [fionasandwich.com/blog](http://fionasandwich.com/blog) and my youtube channel. I have tips on easing, working with small pieces, etc.

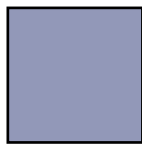
## Fabric Selection Tips:

Below are the closest color matches from Kona solids. For ease of selecting colors, consider using "Kona Cotton - Multi Digitally Printe Panel". There are differences between digitally printed and dye lots; please use the color suggestions as suggestions and not gospel. You don't need to rush out a purchase each solid I suggest! I would suggest purchasing the panel, and referring to the colors listed if you are stuck...or use the internet to search for the name and number (example: Kona 196 Blue Jay). Then use your imagination! Select fabrics in your stash! Feel free to change the colors to match your experiences in a park.

In homeopathy, there is a saying, "similimus similimum" - it's the law of similars. The law is not "exactamus exactimum" :) Choose SIMILAR fabrics, not exact fabrics!



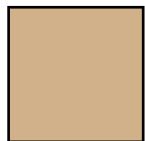
Background: Kona  
21 Honeydew



Beak: Kona 91 Steel



Red: Kona 1480  
Chinese Red



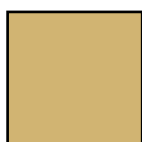
Foreground: Kona  
1698 Caramel



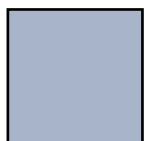
Face: Kona 1037  
Bone



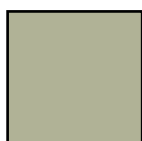
Tail, Chest, Neck:  
Kona 1019 Black



Spots: Kona 1162  
Honey



Feet, Head: Kona  
500 Titanium



Wing: Kona 186  
Straw

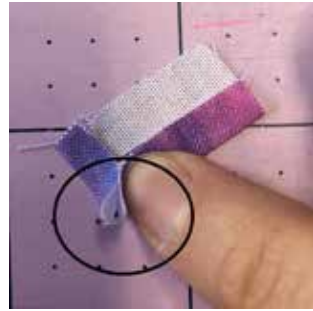
**Creativity Declaration:** I am a creative person! I have more creativity than I know what to do with! I separate myself from the lies of "I can't" that my mind has believed in the past!

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Tips for Tiny Pieces - This example uses an enclosed rectangular shape, but the principles can be used for any small pieces. I have a blog post and a video on this, but sometimes pictures are more helpful.



1. Put a bit of glue on the back of the paper template to hold the piece in place.



2. I almost always start gluing with the shortest edge. To deal with the corners, I pinch them to create a 45 degree angle. It doesn't really matter how the seams nest. It matters more to me how tight the pieces can fit together.



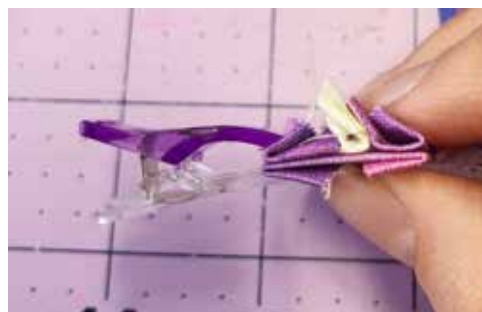
3. When you are basting the small piece think of the order they need to be joined. For the example, you can see that I did not baste the top (shown on the bottom, where my finger is, or the sides. I am most concerned about joining the middle piece (beige) to one purple piece, then attaching another purple piece on the other side.

See that only 2 sides of the 2 pieces are basted, and they are joined in the middle. After they are joined, I will lift the sewn edge on the beige piece, and open it. Then I will glue the opposite edge to the template. Then sew the additional purple piece, so the beige piece is enclosed.

Again, my goal at this stage is to join purple-beige-purple, then the piece along the bottom. I'm not concerned with basting all sides.



4. Now I have a straight edge. Since the 3 pieces are joined, and I must join the next piece, I will lift the sewn edges of the purple pieces, and baste the exterior edges. I still have not basted the opposite edge. You will now have 3 sides basted.



5. You will notice that the bulk of the fabric made one unit longer than the other. This is ok! Clip one edge to hold in place - make sure that the corners line up as best you can. Take a couple stitches, then line up the other end, and use your thumb to ease in place.

6. Lift up the seams in the corners on the opposite side, and baste the pieces to create a straight line (it should look like Step 4. Baste and repeat Step 5.

## How to Glue Baste Acute Angles



1. Place glue along the tip of the triangle. I am not concerned about leaving a gap of unglued paper. I am more concerned about tight seams.

It is also helpful to place glue on the fabric seam allowance as well. This ensures the the fabric sticks together.

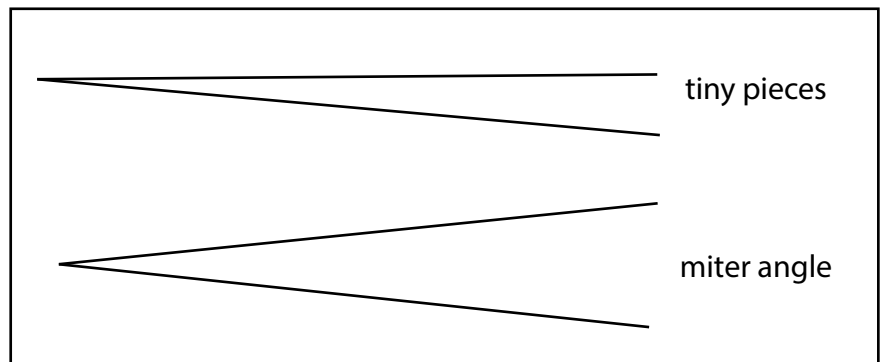


2. Using both thumbs, and supporting the template piece with your index fingers, press the fabric together. Make sure that the fabric is taught along the edge of the template!



3. Pinch the end of the fabric to create a tight piece.  
Note how tight the fabric is along the edges of the template.

Which method to use? Identify the angle below, and the corresponding method



Note: these pictures illustrate using a whip stitch. However, at the time of writing this pattern, I almost exclusively use a flat back stitch. There is a video on how to do this, on my YouTube channel. Do be sure to pull the stitches taught.

I also use RK Embroidery Tape, but blue painter's tape can also be used. I have heard rumors of masking tape leaving a residue.

I also use Sulky 50 wt cotton thread. You can find my thread collection on my website.



## Northern Flicker Instructions

Join 1 to 2.

Join 3 to 1-2.

Join 4 to 1-3.

Join 5 to 1-4.

Join 6 to 1-5. Set aside.

Join 7 to 8. Set aside.

Join 9 to 10.

Join 11 to 9-10.

Join 7-8 to 9-11.

Join 1-6 to 7-11. Set aside.

Join 12 to 13.

Join 1-11 to 12-13. Set aside.

Join 14 to 15. Set aside.

Join 16 to 17. Set aside.

Join 18 to 19.

Join 20 to 18-19. Set aside.

Tape 1-13, 14-15 and 16-17 together.

Join 1-13 to 14-17 (any order, ease if necessary)

Join 18-20 to 1-17.

Join 21 to 1-20. Set aside.

Join 22 to 23. Set aside.

Join 24 to 25.

Join 26 to 24-25.

Join 22-23 to 24-26.

Join 27 to 22-26.

Join 28 to 22-27. Set aside.

Join 29 to 30.

Join 31 to 29-30.

Join 32 to 29-31.

Join 22-28 to 29-32.

Join 33 to 22-32.

Join 34 to 22-32.

Join 35 to 22-34. Set aside.

Join 36 to 37.

Join 38 to 36-37.

Join 39 to 36-38.

Join 40 to 36-39.

Tape 1-21, 22-35, and 36-40 together, ease with tape where it's necessary and join. For the long pieces, start in the middle and work your way out, then go back to the middle and work the other way. This reduces shifting and makes for a square block.

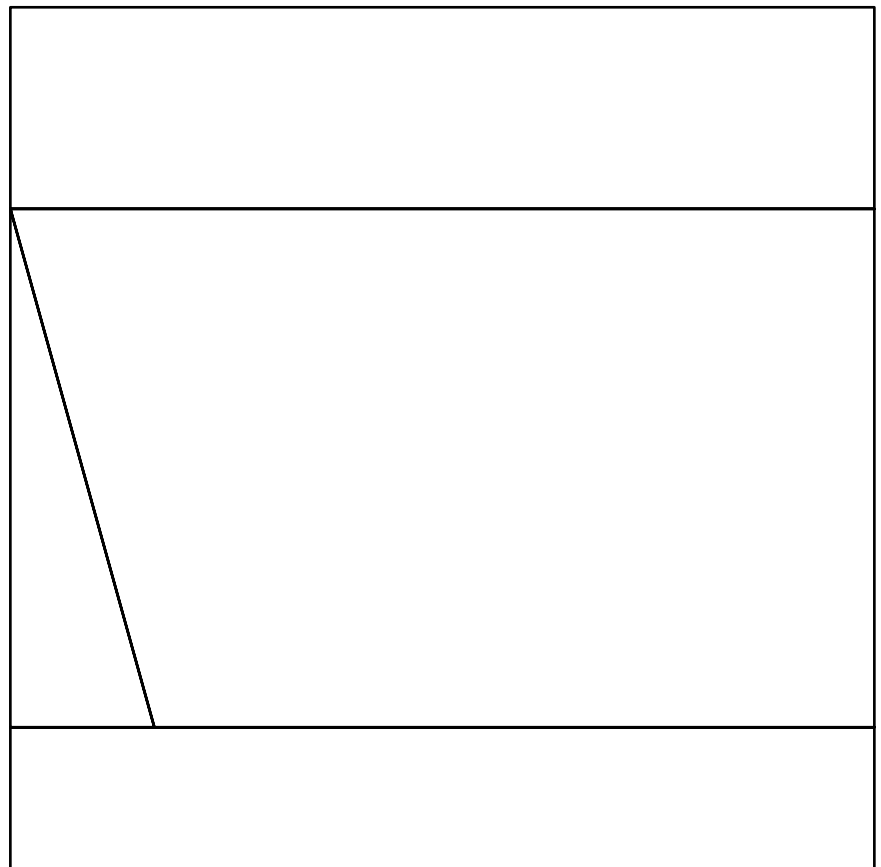
## **NATIONAL PARK SIGN:**

This is the special block you can sew your commemorative National Park patches to!

You can flip the direction of the sign by gluing your fabric to one side or the other.

Sew the triangle to the sign, then the either the top or the bottom to the sign.

1" test  
print  
square



Northern Flicker

