

Recreate Creatively FIELD GUIDE



WELCOME TO RECREATE CREATIVELY SUMMER 2023!!

I hope your creativity grows immensely this summer, and you have so many creative breakthroughs. I hope that your sewing time is relaxing and rejuvenating!

My heart's desire is that you press into the prompts as a creative process and glean as much as you can instead of checking off tasks. I know that this is a marvelous opportunity to have focused sewing time, but don't neglect the creativity in an effort to win prizes. That is the carrot to encourage creative exploration! Lean into, "I wonder if I do this!" If your block doesn't turn out as expected, that's ok!!! I have SO many that didn't turn out the way I envisioned, but it has inspired the next block. There is a beautiful connection between things that aren't even connected!

Last spring when I was preparing for Summer Camp, I got SO excited with one swatch that I made 3 more blocks that were spurred from that one swatch! That activity fueled several other ideas. It was so exciting!!!

Be sure to write down your ideas so you don't forget them.

Please use as many landscape patterns as possible as this will help fuel your growth. All of the prompts are written from this perspective. When I create the prompts they are based off of stories and experiences that have been shared in the Quilt Along group, or my own stories and experiences. So for all of them, a landscape block is completely possible! It's not required, but HIGHLY encouraged ;)

I am SO excited to see what you create!

RULES AND INSTRUCTIONS:

Sewing must be completed between May 29 and September 4, 2023. Previously sewn blocks may not be submitted for prizes.

At the end of RC, submit photos of ALL your blocks to rachael@fionasandwich.com. Please include the prompt activity in each photo. Submit photos with the prompts by Sept 5, 2023.

All of the activities are individual - no double dipping between activities.

You are welcome to use any Fiona Sandwich illustrated pattern from the State Parks, National Parks and Condiment patterns. Patterns not permitted: Road Trip, Park Signs, or Park Stamper Pin.

...continued.

We will verify purchases of patterns for those submitting blocks for prizes.

All blocks must be sewn using English or foundation paper piecing. You may edit blocks, and submit them for final prize.

For the swatches, please get as close as you can to the colors, but exactness is not required. However, I highly encourage you to work with in the swatches as this WILL inspire new creative pathways. It seems counterintuitive.

All prompts are designed to help you complete a quilt AND help grow your creativity. Sometimes the prompts may seem stifling, however having parameters grows your creativity! Start with the prompts that are 'easier', then move on to the more challenging ones. Perhaps search the web for ideas. Think outside the box - how else could the prompt appear? For example: yellow sky - think of when you have seen the sky yellow. If you never have, look it up. :) Where have you seen gingham? How could it occur in nature...or perhaps in your imagination. You don't always have to have an exact representation.

The coupon code for this summer is GETAWAY. This code may not be shared with anyone, and is only valid for Recreate Creatively members. It can be used with sale patterns.

PRIZES:

Sew 13 blocks: get a \$5 gift code to fionasandwich.com

Sew 26 blocks: get a \$10 gift code to fionasandwich.com

Sew 40 blocks: get a \$15 gift code to fionasandwich.com

As you travel this summer, get extra patches from the sites you visit. We'll have a patch swap in the fall.

Recreate Creatively Sewing Log

Please take a photo with the corresponding prompt, and post to the Fiona Sandwich Quilt Along group on Facebook.

Note: the prompt icons random, and not suggestions, or have anything to do with the prompt.



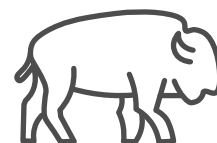
Prompt 1.
Gold Rush



Prompt 2.
Startled



Prompt 3.
Conservation



Prompt 4.
Transportation



Prompt 5.
Myth and legends



Prompt 6.
Communication



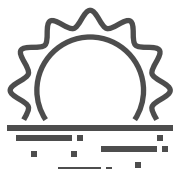
Prompt 7.
Cairns



Prompt 8.
Silhouette



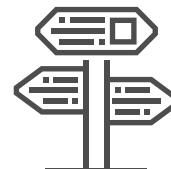
Prompt 9.
Monumental



Prompt 10.
Stone



Prompt 11.
State Park



Prompt 12.
Victory



Prompt 13.
Dawn's Early Light



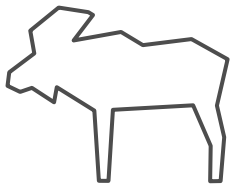
Prompt 14.
Plan B



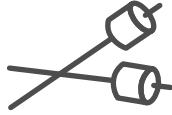
Prompt 15.
Through the Lens



Prompt. 16.
Something that made
you really happy



Prompt 17.
Spacious Skies



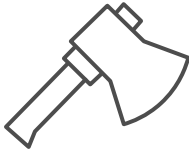
Prompt 18.
Rails to Trails
Use a landscape block



Prompt 19.
Roadside Attraction



Prompt 20.
Watercolor



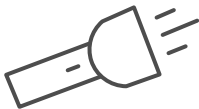
Prompt 21. (2 blocks)
(see last 2 pages for sites)
Most Visited Park
Least Visited Park



Prompt 25.
Use this book cover to inspire a block.



Prompt 22.
Use a color that is in music lyrics, associated with a musician, etc.



Prompt 23.
Shabby Chic



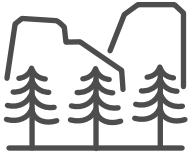
Prompt 24. (2 blocks)
Highest elevation you've been
Lowest elevation you've been



Each of these swatches is a separate prompt. Make a landscape block for each prompt. You must use at least 3 colors from each swatch.



Spruce 1361 Avocado 1451 Shadow 457 Ice Peach 1176 Harbor 1845



Prompt 26.

Colors Used:
1.
2.
3.



Navy 1243 Ocean 25 Harbor 1845 Stratosphere 448 Breeze 266



Prompt 27.

Colors Used:
1.
2.
3.



Pear 145 Persimmon 84 Holly 1161 Shadow 457 Ferndale 1842



Prompt 28.

Colors Used:
1.
2.
3.



Sienna 1332 Eggplant 1133 Plum 1294 Persimmon 84 Sunflower 353 Cream 1090



Prompt 29.

Colors Used:
1.
2.

3.
4.



Waterfall 866 Cedar 443 Pewter 1470 Spruce 1361 Sea Glass 846 Curry 1677



Prompt 30.

Colors Used:
1.
2.

3.
4.



Artichoke 347 Shadow 457 Plum 1294 Eggplant 1133 Lupine 1484 Curry 1677



Prompt 31.

Colors Used:
1.
2.

3.
4.

Each of these swatches is a separate prompt. Make a landscape block for each prompt. You must use at least 4 colors from each swatch.

Prompt 32-35. Make 4 blocks, and use these colors as your palette. You don't need to use all of these colors.



407 Chesnut



1851 Otter



1136 Espresso



443 Cedar



1677 Curry



1451 Avocado



409 Juniper



1361 Spruce



146 Glacier



196 Blue Jay



31 Palm



1263 Olive



347 Artichoke



1840 Dill



492 Latte

These are the icons for photos. Please use the icon and color used for your photo.



Prompt 32.
Colors Used:



Prompt 33.
Colors Used:



Prompt 34.
Colors Used:



Prompt 35.
Colors Used:



Navy
1243



Ocean
25



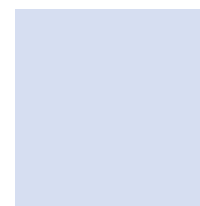
Harbor
1845



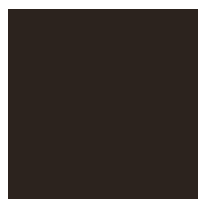
Stratosphere
448



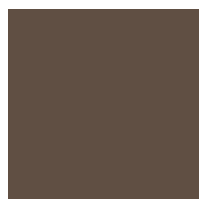
Blue Jay
196



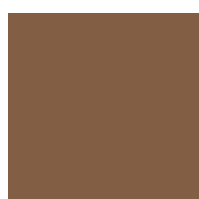
Breeze
266



Espresso
1136



Otter
1851



Chesnut
407



Avocado
1451



Juniper
409



Spruce
1361



Holly
1161



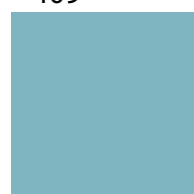
Ferndale
1842



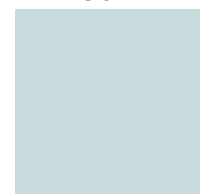
Pear
145



Glacier
146



Waterfall
866



Sea Glass
846



Palm
31



Olive
1263



Artichoke
347



Dill
1840



Ice Peach
1176



Cream
1090



Sienna
1332



Cedar
443



Persimmon
84



Curry
1677



Latte
492



Sunflower
353



Plum
1294



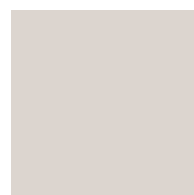
Eggplant
1133



Lupine
1484



Pewter
1470



Shadow
457

These are all of the colors in the swatches. Using only these colors, create your own combination in 3 blocks. The prompt icons are on the following page.



Prompt 36.

Colors Used:



Prompt 37.

Colors Used:



Prompt 38.

Colors Used:

Most and Least Visited Sites - These are taken from the NPS website. I used the averages.

MOST VISITED

Chickamauga & Chattanooga NMP
Gettysburg NMP
Everglades NP
Badlands NP
Haleakala NP
Capitol Reef NP
Minute Man NHP
Lake Meredith NRA
Sequoia NP
Timucuan EHP
San Juan NHS
San Antonio Missions NHP
Big Cypress NPRES
National Capital Parks East
New River Gorge NP & PRES
Amistad NRA
Death Valley NP
Ozark NSR
Mount Rainier NP
Lake Roosevelt NRA
Shenandoah NP
Buffalo NR
John D. Rockefeller, Jr. MEM PKWY
Chickasaw NRA
Arches NP
Fort Point NHS
Hawaii Volcanoes NP
National Capital Parks Central
Hot Springs NP
Canaveral NS
Pearl Harbor NMEM
Sleeping Bear Dunes NL
Gateway Arch NP
Blue Ridge PKWY
Bryce Canyon NP
Valley Forge NHP
Indiana Dunes NP
Rock Creek Park
Kennesaw Mountain NBP
Mount Rushmore NMEM

Assateague Island NS
Joshua Tree NP
Cuyahoga Valley NP
Boston NHP
Point Reyes NS
Cape Hatteras NS
Glacier NP
Thomas Jefferson MEM
Franklin Delano Roosevelt MEM
Acadia NP
Chattahoochee River NRA
Olympic NP
Glen Canyon NRA
Martin Luther King, Jr. Memorial
Grand Teton NP
Colonial NHP
Statue of Liberty NM
Korean War Veterans Memorial
Castle Clinton NM
Independence NHP
San Francisco Maritime NHP
Zion NP
Yosemite NP
Yellowstone NP
Delaware Water Gap NRA
Rocky Mountain NP
World War II Memorial
Cape Cod NS
Vietnam Veterans MEM
Gulf Islands NS
Chesapeake & Ohio Canal NHP
Grand Canyon NP
Natchez Trace PKWY
Lincoln Memorial
Lake Mead NRA
George Washington MEM PKWY
Gateway NRA
Great Smoky Mountains NP
Golden Gate NRA

LEAST VISITED

Aniakchak NM & PRES
Alagnak Wild River
Rio Grande W&SR
Port Chicago Naval Magazine NMEM
Medgar and Myrlie Evers Home NM
Carter G. Woodson Home NHS
Yukon-Charley Rivers NPRES
Thaddeus Kosciuszko NMEM
Bering Land Bridge NPRES
Nicodemus NHS
Mary McLeod Bethune Council House NHS
Sand Creek Massacre NHS
Belmont-Paul Women's Equality NM
Alibates Flint Quarries NM
Eugene O'Neill NHS
Thomas Stone NHS
Salt River Bay NHP & Ecological Pres
Clara Barton NHS
Maggie L. Walker NHS
Frederick Law Olmsted NHS
Fort Bowie NHS
President W.J. Clinton Birthplace Home NHS
Gates of the Arctic NP & PRES
Fort Union NM
First Ladies NHS
Saint Croix Island IHS
Cesar E. Chavez NM
Knife River Indian Villages NHS
Edgar Allan Poe NHS
Minidoka NHS
Charles Young Buffalo Soldiers NM
Washita Battlefield NHS
Tule Springs Fossil Beds NM
Saugus Iron Works NHS
Fort Union Trading Post NHS
Cape Krusenstern NM
Kobuk Valley NP
Noatak NPRES
Keweenaw NHP
Theodore Roosevelt Birthplace NHS
Agate Fossil Beds NM
Saint Paul's Church NHS
Lake Clark NP & PRES
Springfield Armory NHS
Martin Van Buren NHS
Fossil Butte NM
John F. Kennedy NHS
Russell Cave NM
Isle Royale NP
Brown v. Board of Education NHS
Tuskegee Institute NHS
Theodore Roosevelt Inaugural NHS
Grant-Kohrs Ranch NHS
Hagerman Fossil Beds NM
Tuskegee Airmen NHS
Bent's Old Fort NHS
Booker T. Washington NM
William Howard Taft NHS
Fort Scott NHS
National Park of American Samoa
Cane River Creole NHP
Tallgrass Prairie NPRES
North Cascades NP
Hampton NHS
Fort Larned NHS
Harry S Truman NHS
Salinas Pueblo Missions NM
James A. Garfield NHS
Hovenweep NM
Friendship Hill NHS
Arkansas Post NMEM
Weir Farm NHP
Saint-Gaudens NHP
Bluestone NSR
Buck Island Reef NM
Women's Rights NHP
Tonto NM