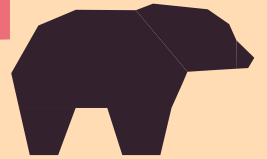


Fiona Sandwich

NATIONAL PARK SUMMER CAMP

cultivating your inner artist



Welcome to Summer Camp!

In this packet you'll find the rules and activities. This summer we are exploring color! I've drawn inspiration from a few places. In my college art classes, we had several exercises to stretch our imagination. For one, we had to use primary colors (red, yellow, blue), and mix our own color from those to create our palette. We can't mix our own colors with fabric, so we will approach color from a different standpoint, but the same principle.

I also drew inspiration from WPA/CCC/Vintage travel posters. These posters are a perfect launching point for us because there are few colors in the imagery, and they are most often solid; not shaded.

Join me, as we time travel and sew the National Parks together!

Take some time to brainstorm. Jot down the ideas that come to mind. Spend some time mulling over the prompts, and let your creative brain engage!

Start with some of the prompts that come to you more easily. This will give you wins and encouragement to keep going!

Since this Camp is all about color, I encourage you to spend some time noticing things around you. Are shadows really gray? Or are they shades of other colors? Think outside the box: how else can you use these colors to show off a location?

Try to stretch yourself beyond what might be immediately obvious...then come back to the first thought if you can't think of anything else. Another exercise I had in art school, was to take an idea and brainstorm 3 more ideas from that one...or start with one sketch, and make 3 more from the first. This taught me the value of coming up with more ideas. Sometimes the first idea is the best, sometimes the 4th or 5th is better!

PRIZES:

Each week, we'll choose a random winner with photos that were submitted the previous week, to win a prize.

For prizes based on activities:

Do 6 activities: get a \$5 gift code to fionasandwich.com

Do 7-13 activities: get a \$10 gift code to fionasandwich.com

Do 14-27 activities: get a \$15 gift code to fionasandwich.com

RULES:

You are welcome to use any Fiona Sandwich illustrated pattern from the State Parks, National Parks and Condiment patterns.

If this is your first Fiona Sandwich Camp, you are welcome to use the Road Trip pattern.

Sewing Park Signs are excluded from Summer Camp.

All blocks must be sewn using English or foundation paper piecing.

No submitting edited blocks. This is so that beginner Campers don't feel like they need special skills to participate. You are welcome to share blocks that you've designed, or edited in the "Show and Tell" thread.

All of the activities are individual - no double dipping between activities.

For the color swatches, I have used Kona Cotton names and numbers. You can search the internet using "Kona Name Number" to help you find the swatches. While I encourage thinking outside the box, if the color given is 1393 Woodrose, and you choose a color that is significantly different (lighter, darker, a different color), we may not accept the submission. The purpose of these activities are to stretch your imagination how how and where to use color. If you feel stuck, look at vintage postcards and the use of color to inspire you.

You are welcome to use prints with the swatch activities! But the colors in the swatches must be prominent.

You cannot use the same block multiple times for the same activity. For example, the bear block cannot be used more than once for the 7 regions. Again, the point is to think creatively.

I encourage creativity and thinking outside the box. However the swatch activities are using those colors, and not switching them out for other colors. Think about how you can use those colors in ways that might not be as obvious. Is blue ALWAYS the color of the sky? Think about how the color of water changes in different seasons.

Most important: Don't tell yourself that you aren't creative. You are insanely creative and Summer Camp is going to grow that!


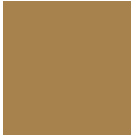
Please direct questions to rachael@fionasandwich.com

As you travel this summer, get extra patches from the sites you visit. We'll have a patch swap in the fall. You are welcome to swap patches from anything travel related (National and State Parks, landmarks, states, etc)

Sew 3 blocks. Each swatch is a different prompt. Must use 4 of the 5 colors.

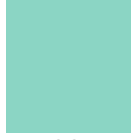
Swatch 1



				
1368 Willow	452 Wasabi	1386 Wheat	1321 Sage	356 Everglade


Swatch 2



				
1310 Rose	1473 Biscuit	837 Aruba	458 Storm	184 Eggshell

Swatch 3



				
1368 Willow	1263 Olive	148 Daffodil	864 Paris Blue	184 Eggshell


The prompts for this Summer Camp are over the next 3 pages.





It is really helpful to us when you cut out the prompts and include them in your photograph!

Use this area to capture some of your ideas. What do you immediately see in your imagination with these swatches? Jot that down.


Sew 3 blocks. Each swatch is a different prompt. Must use 3 of the 4 colors.





Swatch 4




			
1077 Citrus	1028 Blue	357 Lapis	1065 Celadon



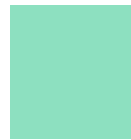

Swatch 5



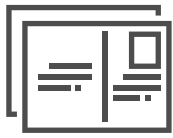
			
1393 Woodrose	1191 Lilac	414 Peapod	479 Mediterranean

Swatch 6



			
59 Cantaloupe	7 Tomato	200 Pond	165 Ivy

Creativity Declaration: I am wonderfully creative. Creativity flows effortlessly to and through me.



Sew 2 blocks from different, unrelated areas, using the same colors. For example: coastal and urban, historic and desert.



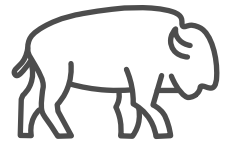
5 Blocks to Show (one for each)

- Woods
- Meadows
- Plains
- Mountains
- Streams



Make 3 blocks using the complementary colors:

- Red & Green (1 block)
- Yellow & Purple (1 block)
- Orange & Blue (1 block)



Use NP Buffalo or Downtown Custer Buffalo as inspiration for your own buffalo block



Rugged



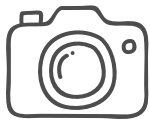
Historic Trail



Scenic Trail



Change coloring on a bird pattern to show different bird



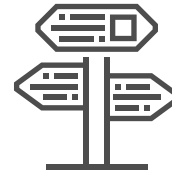
Ansel Adams



Yellow Sky



Purple Mountain Majesty



Urban Site



Patriotic



Winter Scene



Block with a Modern Print



Sew a Lighthouse



Amber Waves of Grain




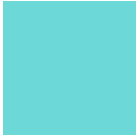
Block with ONLY Batiks

Creativity Declaration: I am a creative person! I have more creativity than I know what to do with! I separate myself from the lies of "I can't" that my mind has believed in the past!

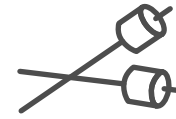


Swatch 7

Use these 2 colors in a block



	
59	1011
Cantaloupe	Bahama Blue

For Swatches 7 & 8, you are welcome to use additional colors, but these must be largely present.



Swatch 8

Use these 2 colors in a block

	
956	80
Foxglove	Mulberry



1 block from each region. You can use animals for 1 site if you wish. 7 blocks total.



Creativity Declaration: I am a creative person. It's in my DNA!

I am enabled with a creative mind to do exceedingly, abundantly much more than I can ever imagine.

